

BELLBROOK CATERING



KOOWEERUP PRIMARY SCHOOL CANTEEN SPECIAL MEAL DAYS



SUMMER SPECIALS TERM 1 AND 4

MAGNIFICENT MONDAY FISH FINGERS \$5.50

Fish Fingers and Salad
Homemade Mini Muffin
Water

MAGNIFICENT MONDAY CHICKEN WRAP \$5.50

Chicken Tender Wrap (lettuce and Mayo)
Homemade Mini Muffin
Water

WINTER SPECIALS TERM 2 AND 3

MAGNIFICENT MONDAY NACHOS \$5.50

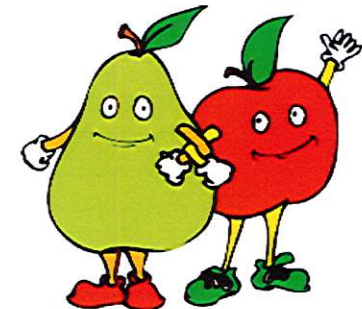
Nachos, Salsa, Cheese, Sour Cream on Side
Homemade Mini Muffin
Water

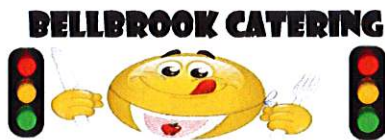
MAGNIFICENT MONDAY PIZZA \$5.50

Cheese and Bacon Pizza
Homemade Mini Muffin
Water



PLEASE WRITE ON BAG WHICH DEAL YOU ARE ORDERING OR ORDER ON-LINE





**KOO WEE RUP
Primary School**

CANTEEN MENU

Open Monday and Friday

Please write your child's name, class and lunch order with prices on a suitable sized new lunch bag or add 0.20 for provided bag

Ordering is available on-line through QKR and our preferred method

HEARTY HOT FOOD		
Twister Bolognese 97% fat free	\$4.50	☺☺☺
Macaroni Cheese 97% fat free	\$4.50	☺☺☺
Dim Sims Steamed	\$1.00	☺☺☺
Hot Noodles Chicken or Beef	\$3.00	☺☺
Chicken crumbed tender	\$2.10	☺☺GF
Hot Dog	\$3.60	☺☺
Beef Cheese Burger with Lettuce and Sauce	\$5.00	☺☺☺
Chicken and Cheese Burger with Lettuce & Mayo	\$5.00	☺☺☺
Gluten Free Hot Dog (no roll)	\$3.00	☺☺☺GF
Chicken Breast Nugget - Bag of 3	\$3.30	☺☺
Chicken Breast Nugget - Bag of 6	\$5.50	☺☺
Corn Cobbette	\$1.00	☺☺☺
100% Vegetable Pastie	\$4.50	☺☺ V
Good Eating Beef Pie	\$4.50	☺☺
Good Eating Sausage Roll	\$4.00	☺☺
Good Eating Snack Party Pie	\$1.00	☺☺

All pies heart foundation approved, low GI, reduced fat

SUPER SANDWICHES AND SALADS		
	Sandwich	
Vegemite	\$2.10	☺☺☺ V
Cheese	\$2.30	☺☺☺ V
Ham (97% fat free)	\$3.00	☺☺
Ham (97% fat free) and Salad	\$4.00	☺☺
Ham & Cheese	\$3.50	☺☺
Tuna & Salad	\$4.00	☺☺☺
Roast Chicken	\$3.50	☺☺☺
Roast Chicken & Salad	\$4.50	☺☺☺
Fresh Salad (lettuce, cucumber, tomato, carrot)	\$3.50	☺☺☺ V
Egg & Lettuce	\$2.80	☺☺☺ V
Rolls or Wraps extra	\$0.60	
***** All sandwiches on wholemeal bread *****		
White/Multigrain bread available on request		
FRESH MADE SALAD BOXES		
Mixed Salad (lettuce, cucumber, tomato, cheese, carrot)	\$4.50 Regular	☺☺☺GF
Add beetroot	\$0.50	
Add egg	\$0.50	
Add Tuna, chicken or ham	\$1.00	

TASTY JAFFLES		
Baked Bean and Cheese	\$3.40	☺☺☺ V
Spaghetti	\$3.00	☺☺☺ V
Cheese	\$3.00	☺☺☺ V
Ham and Cheese	\$4.00	☺☺☺

EXTRAS		
Salad Dressing Tub	\$0.50	☺☺
Tomato Sauce	\$0.30	☺☺
LUNCH BAGS	\$0.20	

Ordering on-line is available through QKR
Download the App through the App store or Google Play

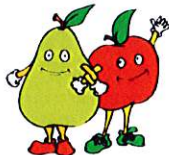
Preferred Payment Method

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

SPECIAL SNACKS		
Cobs popcorn, Sea Salt or Slightly Sweet	\$1.60	☺☺GF
Red Rock Chips Honey/Soy	\$1.60	☺☺
Chips Sea Salt	\$1.60	☺☺GF
Home Style Cookies	\$2.20	☺☺
Gingerbread	\$1.60	☺☺
Homemade Mini Muffin	\$1.00	☺☺
Veggie Cup with Dip	\$2.00	☺☺☺GF
Seasonal Fruit Cup	\$2.00	☺☺☺GF
Yoghurt Frogs (5 pack)	\$1.00	☺☺
Mamee Noodle Snacks BBQ	\$1.00	☺☺
Mamee Rice Sticks Chicken	\$1.00	☺☺GF

DRINKS		
600ml Water	\$2.00	☺☺☺GF
250ml Milk (Low Fat)	\$2.70	☺☺☺GF
Chocolate, Strawberry		
100% Fruit Juice 250ml	\$2.70	☺☺☺GF
Orange or Apple		
Aqua Fruit Flavoured Water	\$2.70	☺☺GF
Cola, Blue Heaven, Apple Raspberry or Lemonade		

☺☺☺ **Every Day Foods**
 ☺☺ **Select Carefully foods**
 V **Denotes Vegetarian**
 GF **Denotes Gluten Free.**



FROZEN TREATS		
Frozen 100% Juice Tubes	\$1.00	☺☺☺GF
Frozen Skim Milk Tubes (Choc or Blue)	\$1.70	☺☺☺GF
Frozen Pineapple, Watermelon or Orange Slice	\$0.60	☺☺☺GF
Frozen Yoghurt Tubs Strawberry	\$2.30	☺☺☺GF
Streets Choc Shake Cup	\$2.30	☺☺
Streets Paddle Pop	\$2.00	☺☺

PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

**TURN OVER FOR OUR
SPECIAL MEAL DAYS**

EVERYDAY SPECIAL LUNCH PACK		
Salad Sandwich		
Slice of Fruit	\$5.50	☺☺☺
Mini Muffin		
Water		

EFFECTIVE FEBRUARY 2020

IF YOUR CHILD HAS ANY FOOD ALLERGIES PLEASE MARK BAG CLEARLY