



CANTEEN MENU

OPEN FRIDAY ONLY

Please write your child's name, class and lunch order with prices on a suitable sized new lunch bag or add 0.20 for provided bag

Ordering is available on-line through QKR and our preferred method

HEARTY HOT FOOD

Lasagne 97% fat free	\$5.00	☺☺☺
Macaroni Cheese 97% fat free	\$5.00	☺☺☺
Dim Sims Steamed	\$1.20	☺☺☺
Hot Noodles Chicken or Beef	\$3.30	☺☺
Chicken crumbed tender	\$2.20	☺☺GF
Hot Dog	\$3.80	☺☺
Beef Cheese Burger with Lettuce and Sauce	\$5.20	☺☺☺
Chicken and Cheese Burger with Lettuce & N	\$5.20	☺☺☺
Gluten Free Hot Dog (no roll)	\$3.00	☺☺GF
Chicken Breast Nugget - Bag of 3	\$3.50	☺☺
Chicken Breast Nugget - Bag of 6	\$6.00	☺☺
Corn Cobbette	\$1.10	☺☺☺
100% Vegetable Pastie	\$5.00	☺☺V
Lite N Up Beef Pie	\$5.00	☺☺
Lite N Up Sausage Roll	\$4.50	☺☺
Lite N Up Snack Party Pie	\$1.20	☺☺

All pies heart foundation approved, low GI, reduced fat

SUPER SANDWICHES AND SALADS

Sandwich		
Vegemite	\$2.20	☺☺☺V
Cheese	\$2.40	☺☺☺V
Ham (97% fat free)	\$3.20	☺☺
Ham (97% fat free) and Salad	\$4.20	☺☺
Ham & Cheese	\$3.70	☺☺
Roast Chicken	\$3.70	☺☺☺
Roast Chicken & Salad	\$4.70	☺☺☺
Fresh Salad (lettuce,cucumber,tomato,carrot)	\$3.70	☺☺☺V
Egg & Lettuce	\$3.00	☺☺☺V
Rolls or Wraps extra	\$0.70	
*****All sandwiches on wholemeal bread*****		
White bread available on request		
FRESH MADE SALAD BOXES		
Mixed Salad (lettuce,cucumber,tomato,cheese,carrot)	\$4.50 Reg	☺☺☺GF
Add beetroot	\$0.50	
Add egg	\$0.50	
Add Chicken or Ham	\$1.20	

TASTY JAFFLES

Baked Bean and Cheese	\$3.60	☺☺☺V
Spaghetti	\$3.20	☺☺☺V
Cheese	\$3.20	☺☺☺V
Ham and Cheese	\$4.20	☺☺☺

EXTRAS

Salad Dressing Tub	\$0.50	☺☺
Tomato Sauce	\$0.30	☺☺
LUNCH BAGS	\$0.20	

Ordering on-line is available through QKR

Download the App through the App store or Google Play

Preferred Payment Method



SPECIAL SNACKS

Popcorn, Butter, Cheese or Slightly Sweet	\$1.60	☺☺GF
Chips Honey/Soy	\$1.60	☺☺
Choc Chip Cookies	\$2.40	☺☺
Gingerbread	\$1.70	☺☺
Homemade Mini Muffin	\$1.00	☺☺
Veggie Cup with Dip	\$2.00	☺☺☺GF
Seasonal Fruit Cup	\$2.00	☺☺☺GF
Yoghurt Frogs (5 pack)	\$1.00	☺☺

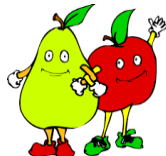
DRINKS

250ml Water	\$1.50	☺☺☺GF
600ml Water	\$2.50	
250ml Milk (Reduced Fat) Chocolate, Strawberry	\$2.70	☺☺☺GF
100% Fruit Juice 250ml	\$2.70	☺☺☺GF
Apple or Tropical		
Chill J Sparkling 100% Fruit Drink	\$2.70	☺☺GF
Grape, Watermelon, Lemonade, Raspberry		

FROZEN TREATS

Frozen 100% Juice Tubes	\$1.10	☺☺☺GF
Frozen Skim Milk Tubes (Choc or Blue)	\$2.00	☺☺☺GF
Frozen Pineapple, Watermelon or Orange Slice	\$0.60	☺☺☺GF
Twisted Frozen Yoghurt Choc/Van or		
Mango/W'Melon/ Strawberry	\$2.60	☺☺☺GF
Streets Paddle Pop Rainbow	\$2.20	☺☺

☺☺☺ **Every Day Foods**
 ☺☺ **Select Carefully foods**
V **Denotes Vegetarian**
GF **Denotes Gluten Free.**



PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

EVERYDAY SPECIAL LUNCH PACK

Salad Sandwich \$5.50
 Slice of Fruit
 Mini Muffin
 Water

EFFECTIVE APRIL 2022

IF YOUR CHILD HAS ANY FOOD ALLERGIES PLEASE MARK BAG CLEARLY